



*Learning is forever*

**WARKWORTH**

**Quarterly Newsletter — September 2019**

## FROM THE PRESIDENT

### TREES

In 1907 Theodore Roosevelt's Arbor Day Message was prophetic:

"It is well that you should celebrate your Arbor Day thoughtfully, for within your lifetime the nation's need of trees will become serious. We of an older generation can get long with what we have, though with growing hardship; but in your full manhood and womanhood you will want what Nature so bountifully supplied and man so thoughtlessly destroyed; and because of that want you will reproach us, not for what we have used, but for what we have wasted."

As children we climbed trees, enjoyed the fruit from trees and had fun on a swing or rope tied to a tree branch. Living in or visiting the tropics, we appreciate trees for the wonderful cool shade and protection from the sun's ultra-violet rays that they provide.

Now in this century we are forced to consider the absolutely essential role which trees play in the life of our planet. They provide oxygen and absorb carbon

dioxide. They also provide the habitat for wild life of many species with food, protection and, camouflage.

We know that greed is one of the most damaging factors in our world, causing wars, crime and the increasing gap between the rich and poor.

Deforestation, fuelled by greed, is occurring at a staggering rate, best seen by satellite photos of our world. Often, the profit goes to a big international company and the amounts paid to local populations are minimal, in spite of promises of jobs and income benefits.

What can individuals do? We can plant suitable trees, donate to rain forest restoration projects and avoid irresponsible companies. Governments would need to give financial incentives to land owners for tree planting. Planting billions of trees is by far the biggest and cheapest way to tackle the climate crisis according to Damian Carrington writing in the Guardian Weekly of 12th July 2019. Let us hope that the world can rise to the challenge.

Best wishes to all,

Mary

## October: General Meeting

**Monday, October 14**

**Speaker: Kobus Mentz**

### **"How can we get more out of our Town Plan?"**

Kobus is one of the leading sustainability-based urban designers in Australasia. He draws from considerable international experience that reaches across the UK, Australia, Ireland, China and Africa. He is adjunct professor of the University of Auckland's Master of Urban Design course.

He is the director of Urbanismplus which has been engaged by the Auckland Council to undertake specialised work on the Warkworth Structure Plan.

Kobus will also be asking the audience for their own ideas on how they would like their town to look and function.

## New Members

A warm welcome to our new members who have joined since 1/7/19

Dianne Thompson

Shona Huxtable

Don Alford

Elizabeth Clark

Clive Currie

Ralph and Anne Cooney

Geoff Ibbs

Geoff Ward

Jenny MacPherson

Phil Heffernan

Gwyn Beart

Warkworth U3A  
PO Box 520  
Warkworth  
New Zealand



## Group Meetings Calendar



Groups and Convenors	September 2019	October 2019	November 2019
<b>All About Plants</b> <b>10am 4th Thursday</b> Tonara Cuthell Jackie Hormann	Plants for pollinations Tonara Cuthell 16 Coquette St Warkworth	Plants that grow without water. Glenda Came 81 Thompson Rd Warkworth	Planning for our 2020 calendar. Jenny Blackmore 21 Matangi Terrace Snells Beach
<b>Ancient History</b> <b>9.30am 1st Friday</b> Pam Bosch	1)The 'Kazars' 2)Guns, Germs & Steel - The Fates of Human Societies by Jared Diamond Host: Jowseys, 698 Wilson Rd, Warkworth	Polynesian Navigation and Pacific Seafarers Host: June Saunders 8 Piper Lane Snells Beach	Bhutan Host: Pam Bosch 23 Willjames Ave Algies Bay
<b>Antiques and Collectables</b> <b>10am 4th Friday</b> Hilary Lewis	Topic 1: Silver Topic 2: Wine Containers Host: Nigel Swaffield 8 Wilson Road, Warkworth	Topic 1: T.B.A. Topic 2: Writing Antiques Host: Ina Shaw 17 View Road, Warkworth.	Topic 1: Dolls Topic 2: Teddy Bears Venue: Warkworth Museum (Note: door-charge of \$3 per person) (Jennifer Kirker & Jennifer Farley providing Morning Tea)
<b>Art Appreciation</b> <b>1st Wednesday - check for times.</b> Jan Imlach Jacky Whincop	An art movie at Matakana [to be confirmed]	Trip to see the Wallace Collection and Crown Lynn museum	Planning meeting for the next year and the election of new Convenors
<b>Book Talk</b> <b>10am 1st Tuesday</b> Shirley Shirley	Jenny Noakes 65 Anderson Road Matakana	Iris Mee Sommerset 45/31 Mansel Drive	TBA
<b>Current Affairs</b> <b>2pm 3rd Thursday</b> Geoffrey Bowes	Geoffrey Bowes 257 Mahurangi East Rd, Snells Beach	Sybil and John Patrick 5/99 Hauiti Drive, Warkworth	Michael Penn 12 Wilson Road Warkworth
<b>Developments in Medicine</b> <b>2pm 4th Thursday</b> Linda Moore	Alcohol and Diseases of the Famous. Pauline Hirst and Veronica Walker.	Eye diseases. Christine Wornham.	Pot Pourri of topics. Plus Christmas lunch at Joan Helliwell's house.

<b>Groups and Convenors</b>	<b>September 2019</b>	<b>October 2019</b>	<b>November 2019</b>
<b>Jazz Listening</b> 2pm 3rd Monday Val Couling	Ron presents “Jazz in New Zealand” 65 Alnwick St, Warkworth	Carol presents Doctor John 32 Blue Gum Drive, Warkworth	Bring a CD with Bob at 5 Matakana Rd, Warkworth
<b>Local History</b> 10am 4th Tuesday Lorna Laxon	Warkworth Street Names and their origins Lorna Laxon 15A Coquette St, Warkworth	TBA (Last minute change)	<b>Weir Walk in Warkworth</b> Venue: not required More details nearer the time.
<b>Music Appreciation</b> 10am 2nd Thursday Alison Coates	An opera.(title TBA) Valma Gidman 14 Coquette St, Warkworth	<b>Contemplative Music</b> Liz Hopner 73 Alnwick St, Warkworth	<b>Musical Matinee</b> Alison Coates 21 Tamatea Drive, Snells Beach
<b>Play Reading</b> 10am 2nd Tuesday Pam Ellender	“Life begins at Seventy” A semi-sweet story of dreams past and future hopes.	“Life begins at Seventy” (Continued)	TBA
<b>Poetry Reading</b> 1.30pm 3rd Wednesday Lynda Spivey	Poet Andrew Motion Presenter Susan Howard 387 Wright Road, Matakana.	Poet Roger McGough Presenter Lorna Laxon. 15a Coquette Street, Warkworth	TBA

## **PROPOSED AMENDMENTS TO THE CONSTITUTION at the AGM December 9, 2019**

The Constitution requires that any proposed changes be notified to the members at least three months before the AGM at which the changes will be presented, hence this advance notice.

Three amendments to the Constitution are proposed.

### **Amendment 1:**

**Remove the current upper limit of ten for the number of committee members.**

The current rule:

- 4-1 The society shall be managed by a Committee of at least six and not more than ten elected members. The Committee shall have the power to co-opt further committee members to fill casual vacancies. The Immediate Past President shall (ex-officio) be a member of the Committee for one year.

**Rationale:** There is a lot of organisational work that is needed for an active growing club (166 members as we go to press). Many of the tasks need to have more than one committee member allocated so that the workload can be shared.

### **Proposed Amendment:**

The first sentence be amended to read:

- 4-1. The Society shall be managed by a Committee of at least six elected members.

### **Amendment 2:**

**Define the membership year as being January 1 to December 31, making it distinct from the Financial Year of November 1 to October 31.**

There is no specific definition of the membership year in the current Rules. The Financial Year is defined:

- 6-1 The financial year shall end on **31<sup>st</sup> October** in each year. The Annual General Meeting shall be convened for the **December** meeting for the purposes as set out in clause 5-1

**Rationale:** Currently the implied default linking of the membership year to the financial year of November 1 - October 31 creates an anomalous situation where, at the AGM in December, there are very few members who have paid their subscriptions for the new year. According to the Constitution, however, only those few paid-up members can vote

at the AGM. This amendment would resolve that.

### **Proposed Amendment:**

Add a new paragraph:

- 3-5 The membership year shall be the calendar year of January 1 to December 31.

### **Amendment 3:**

Change the requirement that the accounts be audited to one that the accounts be reviewed.

The current rule:

- 6-3 The Treasurer shall keep accounts of all the monies received and expended on behalf of the the Society and shall prepare and publish such accounts duly audited at the Annual General Meeting.

**Rationale:** Auditing is an expensive formal process normally used for large businesses. The formal Reviewing process still requires specialist qualifications for chartered accountants.

We have been advised that an examination of the accounts by a finance sub-committee is appropriate for non-profit organisations,

### **Proposed Amendment:**

That Paragraph 6.3 be amended to read:

- 6-3 The Treasurer shall keep accounts of all the monies received and expended on behalf of the the Society and shall prepare and publish such accounts duly reviewed by a Finance sub-committee at the Annual General Meeting.

## **U3A Auckland Network**

The U3A Auckland Network has its own website:

**[www.u3a.nz](http://www.u3a.nz)**.

There you can see information about other U3A groups in the greater Auckland area as well as promotional material about events that the Network has planned.

Note: the Network's web address is not the same as the Warkworth U3A's own website address of [www.u3a.co.nz](http://www.u3a.co.nz)



# August 2019 General Meeting : Mini-speaker

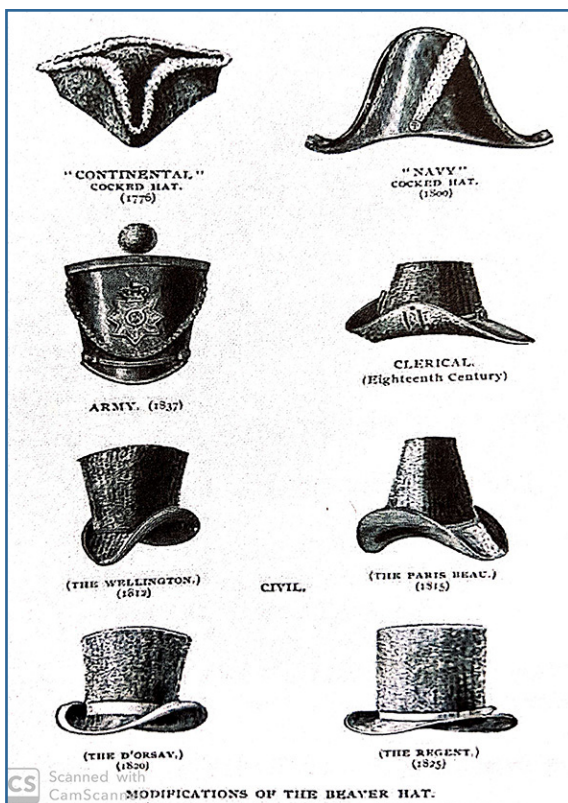
## Jenni McGlashan: The North American Fur Trade

I researched the North American fur trade for the Ancient History group, then held the meeting in the meeting room at the museum so the group could see some of the furs mentioned in the talk. Fortuitously we had recently had friends staying who had lived and trapped in Alaska, and Phil was able to identify many of the previously unidentified furs in the Warkworth & District Museum collection, which supported my talk.

The fur trade began as an adjunct to the fishing industry. Early in the 16th century fishermen from northwest Europe were taking cod on the Grand Banks of Newfoundland and in the gulf of St Lawrence. Drying their fish ashore took several weeks during which time good relations had to be maintained with the indigenous people, who were eager to obtain metal and cloth goods from the Europeans. What they had to offer in exchange were furs and fresh meat. The fishermen found an eager market in Europe for the furs and made high profits.

The museum's fur garment collection ranges from full coats to stoles, hats, muffs and tippets, and numbers somewhere between 60 and 70 in total.

*Jenni McGlashan*



### Volunteers sought:

#### Big Day Out - Sunday October 13

The Warkworth "Big Day Out" is part of the annual Kowhai Festival.

Queen St is lined with stands for Community groups to promote themselves and to showcase the wide variety of activities and interest groups that there are in Warkworth.

We have booked a stand for U3A and will have the U3A banners plus brochures etc.

We will be looking to attract new members — not necessarily grey-haired!

We are looking for volunteers to help man the table for an hour or two between 9am and 1 pm.

If you can help, please email

Mary Miller: [marymill@orcon.net.nz](mailto:marymill@orcon.net.nz).

# August 2019 General Meeting: Phil Sao-Louie

## First Names and Christian Names of the British Isles

What's in a name?

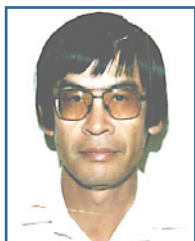
Well, quite a lot actually, especially when one is listening to Phil Sao-Louie, the speaker at U3A's August meeting recently.

In his retirement he has studied, amongst other things, the development of first or Christian names that have their origins in Britain. And for 45 minutes he captivated us, his listeners, with wide ranging facts and figures, historical origins and developments, trends and trivia of Christian names from this British tradition.

He gave us his list of rules for choosing the first name of a baby (e.g. keep it simple - and if your surname is Davis, don't call your daughter Mavis).

He warned us of currently embarrassing names to avoid - Fanny, Gay, Randy. And he confounded us (well, me anyway) with the many variations of the simple name - John.

For those of us who are interested in these types of investigative pursuits, it was a hugely satisfying morning; for those less engaged, a new interest is surely on the horizon!



*Lorna Laxon*

### Committee Changes: Retirements and Co-opted New Members

Mary-Alice Ryburn and Chris Hoogerwerf have both decided to retire from the committee after many years of active service in a number of roles, Mary-Alice most recently as Hospitality Convener and Chris as Almoner.

These members have been an integral part of our organisation and we are extremely grateful to them both.

The committee needed to co-opt new members to fill these roles. Kristin Price has agreed to take on Hospitality Convener and Tonara Cuthell will become the new Almoner.

We welcome them to the committee. If you know of anyone who is unwell or bereaved, please contact Tonara (ph 902 9294) so that she can send a message from U3A.

### WARKWORTH U3A NAME SURVEY

AUGUST 2019

Thanks to all those who completed the survey and also for their helpful & honest answers.

Some of the reasons given for names were interesting. Respondents were named after a swimmer in the Empire Games, a heroine in a novel and a film star. One person's name was a variation on her grandmother's name and family members are often the inspiration for a child's name.

I had a chat with Shirley Shirley. This kind of thing happens sometimes. A child may have been given a first name which goes really well with her maiden surname, but if she marries and takes her husband's name (as has been our common practice in NZ) the resulting combination can be unfortunate or hilarious- a good time to change one or both names.

Thirty-five people rated their names. six loved their name and gave it ten points. five folk gave their name four points and one person gave her name zero points, so clearly detested it (although I like it). The average was 7.6, so overall the people were fairly happy with their name.

Very few names made it onto the NZ Top 100 for 2018. Elizabeth was 64th. John was 76th. We also had someone called James/Jim/Jimmy. I was unsure what he is normally called. James was 9th, but for our purposes, James is not the same as Jim.

I enjoyed speaking to the group and hope that everyone found it interesting. I would love to return one day and do a talk on a different subject.

*Best wishes-  
Phil Sai-Louie*

### U3A Annual Membership dues 2020

Remember you need to keep your membership subscription up-to-date.

The 2020 subscriptions became due on  
November 1 2019

Cost is \$20 for individuals and \$35 for couples.

Your paid membership entitles you to attend general meetings and interest groups and to vote at the AGM.

As a bonus it also enables you to attend group meetings at other U3A groups in Auckland.

# June 2019 General Meeting

## Speaker: Dr Lesley Mynett-Johnson

Dr Mynett-Johnson was speaking in her role as Head of Donor and Corporate Relationships for the Starship Foundation.

Dr Lesley Mynett-Johnson started by pointing out that Starship Hospital, opened in 1991, was the interesting, colourful building in the grounds of Auckland Hospital — a huge change from the very old Princess Mary building which was Auckland Hospital's Children's ward. It has had around 130,000 visits. She described what happened on each of the seven floors and said her heroes were the Kids, the Clinicians, and the Supporters.

The government pays for the basics of the hospital, but she describes how the foundation has helped transform it into a first-class New Zealand and South Pacific-wide paediatric healthcare service and major teaching centre.

Building refurbishments have included upgrades of theatres in 2015 and modernising the wards so they all have pull-down beds for a parent to be with their sick child.

The emergency area is often crowded and waiting times can be long so that in 2018 many fun things were added to distract and amuse where possible.

Treatments are not done by the bedside as these are to be "safe places" for the kids.

Staff give the children every opportunity to control their environment — e.g. they can choose colours of lights or put teddy through the scan to show it is safe and not too scary.

There has been a rebuild of the ageing MRI and introduction of an O arm steth imaging system which gives 2D/3D information for orthopaedic operations thus improving accuracy and shortening the procedures meaning less stress and anaesthetic for the child.

The area for the New-Borns now has better incubators.

Play is important to relax the kids generally and prepare them for upcoming treatments. A delightful

video was shown of a staff member and her patient having a great time.

Whare Haurora is the concept of physical, emotional, social and spiritual aspects of care. The foundation produces safety advertisements and videos. The internet is used for Youth Chat as personal problems can often be aired more easily this way than face to face. There are ways for the kids to keep in contact with their schools and friends.

It is understood that it is often difficult even in Auckland to keep appointments and clinical staff will go to schools and round the country when necessary. There are websites for staff, and a simulator for doctors and their teams to increase their knowledge and keep up-to-date.

Research is important and videos showed us some of the often innovative ways problems may be solved (e.g. our shocking rate of tooth decay). Twenty-one projects have been funded and others are in the pipeline to be approved.

The new fantastic "paediatric intensive care in the sky" is a bright and fun painted King Air 350 turboprop replacement for the old air ambulance. There is a dedicated team who can fly anywhere at any time. The child shot in the Mosque killings was one patient.

The interesting shape of the hospital building and increasing population are going to be future problems.

Dr. Mynett-Johnson mentioned some of the major donors in passing but in no way was she "pushy" about the need for donations. I was amazed at the values and scope of the organisation and realise how lucky we are to have such pleasant and capable people helping our children.

*Sue Stevenson*

### INVITATION TO NOMINATE NEW COMMITTEE MEMBERS

U3A members are invited to suggest members who would be interested in helping on the committee.

They are very welcome to meet with any of the committee members and talk about the many functions that the committee undertakes to see just what would interest them.

Contact Mary Miller 425 6301





# Around the Groups

## Ancient History

After studying the origins of continents and different peoples, we gathered round a cosy fire for a favourite 'Bits and Pieces' session. ie anything that has caught our attention lately.

First up was the narrow-gauge railway from Darjeeling to Ghoom (or Ghum) shortly to be travelled by two of our group. Known as the 'toy train' it is now a registered World Heritage site.

Then we found that pre-Stonehenge peoples had been linked by their DNA to early neolithic cultures in Anatolia (Turkey) of about 6,000 BC. Migrating westward, they introduced farming to Europe on their way to reach England by 4,000 BC.

Apparently Moa Bones have been for sale on Trade Me! If taken from DOC. or Park lands, this is highly illegal. Measures are being taken to prevent theft from these sites but a law change may be required to prevent sales from other locations and interference at archaeological sites.

Next we discussed David Lewis and Polynesian navigation by the stars, wondering if this method was also used by the Phoenicians and other early navigators.

The reign of the Hanovers

and all their probable philandering provided much intrigue, right up to the reign of Queen Victoria.

Potosi (Bolivia) is considered the most global town in recorded history. Silver was discovered here very

early on and is still mined there today. It has long been traded world-wide through a port on the Chilean coast. This has been proved by artefacts from as far away as China.

Finally, it was back to DNA, which has shown that mummies dating

from 1,800 BC found

in the Tarim Basin (Taklamakan desert in NE China) were Caucasoid from the West (tall, with blond and

red hair). East Asian migrants only arrived around 1,000 BC, followed by Uyghur peoples about 842 AD. This area must have once been very fertile as evidenced by the city ruins, including beams made of Wisteria logs. These were perfectly preserved by the current dry atmosphere of the desert sands and the absence of the long-gone river.

A most interesting morning!

*Pam Bosch*



*The Talim Basin*



*Potosi*



## Antiques and Collectibles - August

For our last meeting, group members had been asked to bring an interesting item for discussion — and



*Scrimshaw work on a whale tooth*

interesting these certainly proved to be!

We began with a discussion on how scrimshaw work was executed on two whale teeth (where a magnifying glass was needed

in order to appreciate the finely depicted detail of the rigging on a sailing ship).

Further items ranged from a wooden

sarcophagus tea caddy from the late 1800's (a time when tea was such a precious commodity it was kept



*A lead-lined tea caddy*

under lock and key in a lead-lined caddy) to a small, lidded pot, in the Benjarong tradition, in a style originally created for the Thai royal family.

An ornamental lamp depicting a small boy blowing bubbles (where the "bubble" was a glass lamp-shade) provided some interesting debate about the materials



*"Bubbles"*



*A gentleman's pocket watch*



*Antique wooden needlecases*

used in its construction.

Other items discussed included a silver locket, two hand-painted Empire china plates, vintage hat-pins, an Irish farthing, several pocket-watches

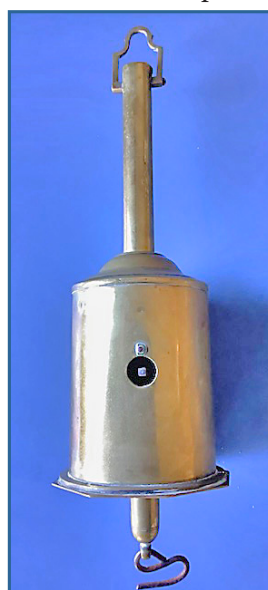
belonging to

a member's grandfather, and a selection of antique wooden needle-cases. A

Victorian spit-jack initiated an interesting discussion on how large cuts of meat would be cooked over an open fire using this



*An Irish Farthing*



*A clockwork "Jack-spit"*

clockwork device for rotating the joint at an even speed.

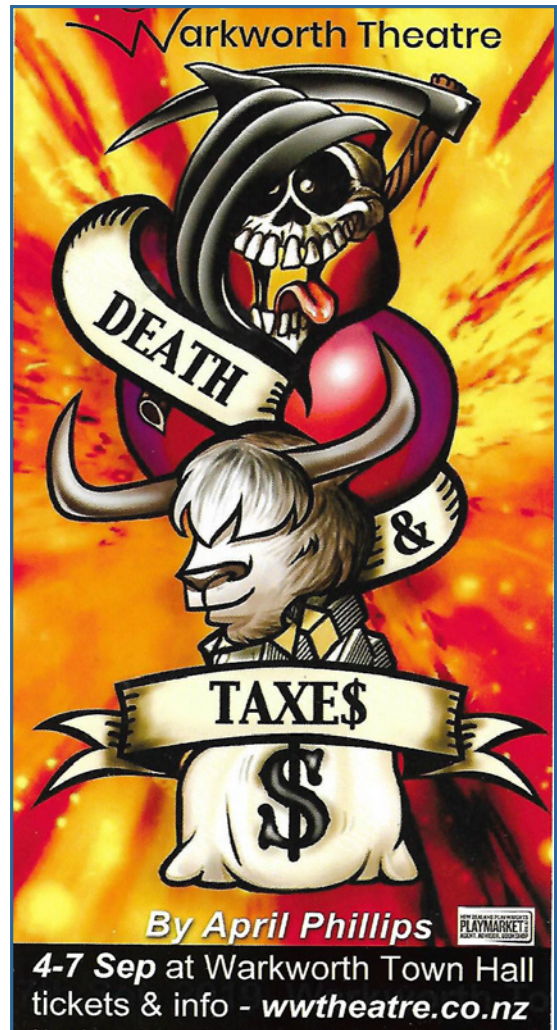
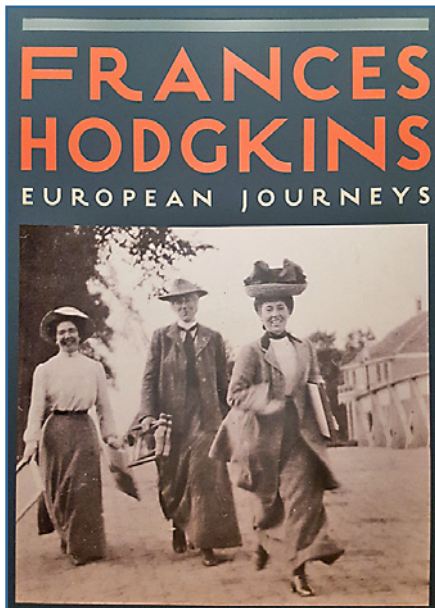
All in all, a stimulating and thought-provoking meeting about items with interesting histories from our past. Our thanks go to all who contributed!

*Hilary Lewis,  
Group Convenor*



## Art Appreciation

Images from the group's trip to the Auckland Art Gallery to see the Frances Hodgkins exhibition.



## "The Play's the Thing"

Comedy, tragedy, high drama, farce – just a few of the themes the U3A Play Reading group undertake to read at their monthly meetings.

We are a lively group enthusiastic about everything theatrical. At our August meeting we will be reading "Harlequinade" a one-act play by Terrence Rattigan, and in September and October "Life begins at Seventy" a semi-sweet story of dreams past and future hopes. We would love some new members so if play-reading appeals come along and see what we are all about. Meetings are held on the 2nd Tuesday of the month at 10am in members' homes.

Convenor: Pam Ellender 4222493

[ellender53@gmail.com](mailto:ellender53@gmail.com).

## U3A WARKWORTH COMMITTEE MEMBERS

<b>President</b>	Mary Miller
<b>Treasurer</b>	Nigel Swaffield
<b>Secretary</b>	Glenda Came
<b>Membership</b>	Alison Coates
<b>Groups Convenor</b>	Hilary Lewis
<b>Almoner</b>	Tonara Cuthell
<b>Publicity</b>	Glyn Williams
<b>Hospitality</b>	Jean Mason Kristin Price
<b>Equipment and Venue Management</b>	Bill Robertson
<b>Editor</b>	Ian Lewis

### EX OFFICIO

**IT/Web/Grapevine** Alan Spicer

## U3A Warkworth Online

The scope of the U3A Warkworth website (U3A.co.nz) is steadily expanding.

Apart from the newsletters (going right back to 2005) it features the following:

- the calendar for the current quarter.
- the list of groups with a description of each.
- two methods for membership applications:
  1. A membership application form as a pdf for downloading for those who prefer to use a conventional printed form for posting.
  2. An online membership application form.

The information from these forms goes to our membership secretary, Alison Coates.

Our website has been in its current form since its inception, so Alan has offered to redesign and rebuild it to modernise it.

## Travelling Overseas

If you are planning to travel this year, please do remember to register with the Safe Travel website, operated by our Ministry of Foreign Affairs and Trade. If anything happens while you are travelling – floods, earthquakes, terrorist attacks – and the Ministry knows you are in the area, the local NZ Embassy will look for you and check that you are OK. They also work closely with local authorities so are able to get information that your travel company may not have access to. Go to [www.safetravel.govt.nz](http://www.safetravel.govt.nz).

## Tui House Parking

Your committee members understand that some members are not easily able to walk a distance from the car to Tui House. We encourage car-pooling as much as possible. If you are finding difficulty in arranging a lift, please ask a committee member or your group convener to help you find someone who could pick you up. If you are fit and your legs are OK then take the opportunity for some exercise and park further away!

## U3A Lapel Badges

Auckland U3A Network has produced lapel badges for U3A members.



Badges feature the international U3A logo and the words “NEW ZEALAND”, as shown.

The badges will be metal and with either a magnetic fastener or with a pin. Price is \$5 per badge.

Ordering: Please email our treasurer: Nigel Swaffield ([nswaf43ju@gmail.com](mailto:nswaf43ju@gmail.com))

Payment: either Direct Credit to the U3A account

**02-0480-0133880-00**

(remember to enter the names of the purchasers in the reference) or send a cheque to:

The Treasurer, U3A Warkworth, 8 Wilson Rd, Warkworth.

## NAME BADGES:

**Members are being asked to look after their own U3A name labels from now on and bring them to wear at our General Meetings.**

**These are the badges/labels that members have until previously collected as they arrived at each U3A General Meeting and then handed in again at the end of the meeting.**

**There will be the standard “sticky label and felt pen” facility for anyone who forgets to bring their label!**

Opinions expressed in this newsletter are not necessarily those of the Committee.

